**Discipline Intervention Idea Bank**

 **If Student Exhibits:**

Defiance and Extreme

Emotional Reactions

**Example:** Talks back to teachers, has angry outbursts.

**Try This Intervention:**

[ ]  Behavior Support Plan. Approach youth in a calm manner, present options when possible.

[ ]  Allow for a “cooling off” period when a student becomes upset. Allow them to do a lap around the building with a teacher.

[ ]  Teach specific coping methods for dealing with anger (deep breathing, counting to 10, walking away).

[ ]  School-based counseling. Give the youth a weekly, daily, or “as-needed” opportunity to speak with a trusted adult on campus.

[ ]  Develop a signal with the student to alert teachers and administrators when they are having a bad day.

[ ]

**If Student Exhibits:**

Inappropriate Peer Interactions

**Example:** Regularly participates in off-task behavior with group of peers.

**Try This Intervention:**

[ ]  Group-based counseling. Support youth to develop positive social relationships and social skills.

[ ]  Participation in group extracurricular activities. This will give the youth an opportunity to interact with peers in the pursuit of a positive goal.

[ ]  Teach social scripts. Have a counselor meet with the youth to role play different scenarios with peers and to plan pro-social ways to respond to them.

[ ]

**Additional Notes:**

**If Student Exhibits:**

Poor Grades and/or Standardized Test Scores

**Example:** Not passing a class, or scoring “below basic” on the state standardized test.

**Try This Intervention:**

[ ]  School-based tutoring

[ ]  Assistance with organization skills from a peer or counselor

[ ]  Remedial classes

[ ]

**Consider a special education assessment to determine if additional services and supports are appropriate.** Consult a school psychologist or see [**Special Education and Foster Youth**](http://kids-alliance.org/wp-content/uploads/2016/09/FosterYouthEducationToolkit_v3.pdf#page=39) for more information.