**Discipline Intervention Idea Bank**

**If Student Exhibits:**

Defiance and Extreme

Emotional Reactions

**Example:** Talks back to teachers, has angry outbursts.

**Try This Intervention:**

Behavior Support Plan. Approach youth in a calm manner, present options when possible.

Allow for a “cooling off” period when a student becomes upset. Allow them to do a lap around the building with a teacher.

Teach specific coping methods for dealing with anger (deep breathing, counting to 10, walking away).

School-based counseling. Give the youth a weekly, daily, or “as-needed” opportunity to speak with a trusted adult on campus.

Develop a signal with the student to alert teachers and administrators when they are having a bad day.

**If Student Exhibits:**

Inappropriate Peer Interactions

**Example:** Regularly participates in off-task behavior with group of peers.

**Try This Intervention:**

Group-based counseling. Support youth to develop positive social relationships and social skills.

Participation in group extracurricular activities. This will give the youth an opportunity to interact with peers in the pursuit of a positive goal.

Teach social scripts. Have a counselor meet with the youth to role play different scenarios with peers and to plan pro-social ways to respond to them.

**Additional Notes:**

**If Student Exhibits:**

Poor Grades and/or Standardized Test Scores

**Example:** Not passing a class, or scoring “below basic” on the state standardized test.

**Try This Intervention:**

School-based tutoring

Assistance with organization skills from a peer or counselor

Remedial classes

**Consider a special education assessment to determine if additional services and supports are appropriate.** Consult a school psychologist or see [**Special Education and Foster Youth**](http://kids-alliance.org/wp-content/uploads/2016/09/FosterYouthEducationToolkit_v3.pdf#page=39) for more information.